

Community Servings

Meals Program Quick Facts

❖ **Who is eligible to receive Community Servings' meals?**

Individuals who are in a critical stage of their illness. HIV/AIDS, cancer (breast, prostate, lung, etc.), Multiple Sclerosis, Lou Gehrig's disease, kidney failure and cardiovascular disease are a few examples of illnesses we currently serve. We do not provide meals for people who are disabled or mentally ill.

❖ **Is there an age requirement for meal eligibility?**

No. There are no age restrictions for receiving our meals. Our clients are between the ages of 2 and 97, with an average age of 45 years old.

❖ **Are there income restrictions associated with program eligibility?**

No. There are no income restrictions for our meals program.

❖ **What communities are covered in the meals program service area?**

Our delivery service area is Boston, Braintree, Brockton, Cambridge, Chelsea, Everett, Lawrence, Lowell, Lynn, Malden, Medford, Quincy, Randolph, Revere, Somerville, Weymouth, and Winthrop.

❖ **Can my clients receive meals if they are outside the service area?**

Yes. For clients who reside outside of our direct delivery area, we can arrange a drop off location in one of our service areas, or meals can be picked up from our site in Jamaica Plain.

❖ **Do you feed the client's family?**

Yes. Community Servings feeds the client, any dependents under the age of 18 and a caregiver.

❖ **My client requires a specific diet, can this be accommodated?**

Yes. We are able to cater to 25 different medically-tailored diets including renal, diabetic, bland, and vegetarian. The dietary restrictions we are not able to accommodate are vegan, kosher, and gluten-free. We also have a Registered Dietitian available to all of our clients for nutrition consultation.

❖ **When do you accept new referrals?**

We are always accepting new intake applications for meals clients.

❖ **How long does it take to process a client's application?**

Once all paper work is received, intake applications will be processed within two weeks.

❖ **Where can I find the intake application?**

The intake application can be found on our website www.servings.org.

❖ **Who do I call if I have questions about the meals program or potential clients?**

Please contact our Client Services Coordinators, Carolyn and Marisol. Either can be reached at 617.522.7777 or csmith@servings.org and molivera@servings.org, respectively.